

Winter/Spring 2017

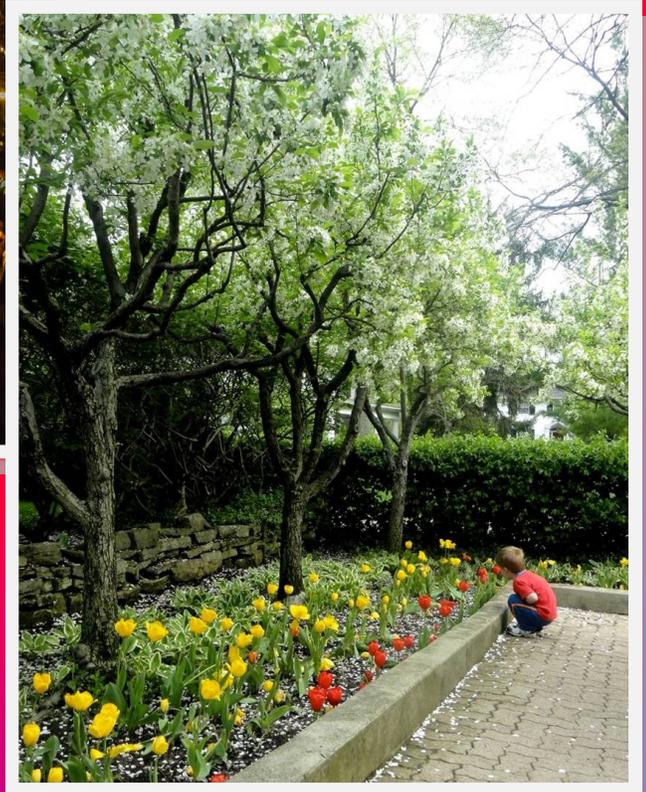
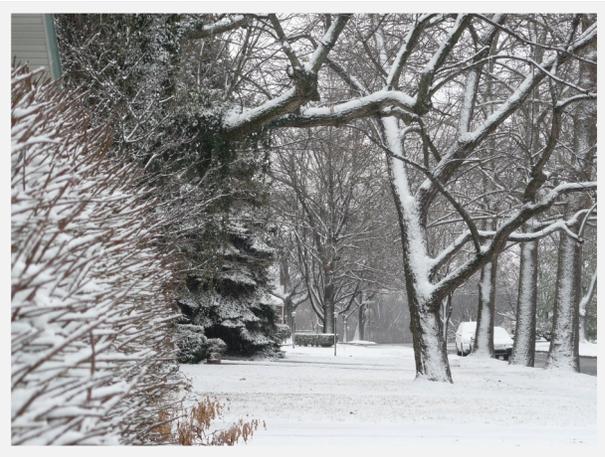
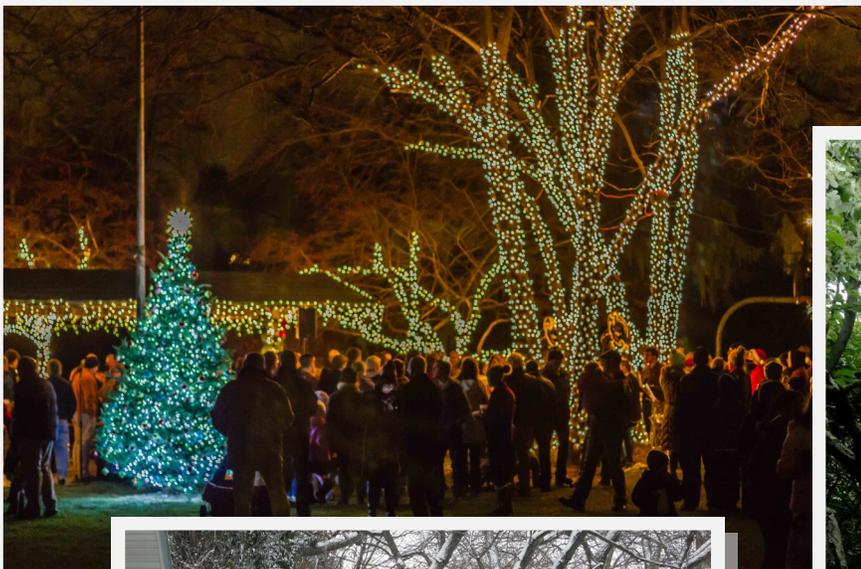
Department of Leisure Services OAKWOOD COMMUNITY CENTER

105 Patterson Road ~ Oakwood, Ohio 45419 ~ 937-298-0775 ~ Fax - 937-297-2934

Leisure Line - 297-2935 ~ Email - occ@oakwood.oh.us ~ Website - www.oakwoodohio.gov



Like us on Facebook: <http://www.facebook.com/cityofoakwoodohio>



**PARKS and RECREATION
THE BENEFITS ARE ENDLESS..**

winter Spring 2017



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Dear Oakwood Residents:

The Department of Leisure Services is delighted to present our Winter/Spring 2017 brochure. Please browse through for all the family-friendly activities and community events we have planned. Our staff has done a great job coming up with exciting programs for everyone. From art and music classes, ballroom dancing and health and fitness classes, we are sure you will find something that peaks your interest. And don't just sign the kids up...we have things for mom and dad too!!! Isn't it time to do something for yourself?

Don't forget to mark your calendar for the "Holiday of Lights", "Lighting Up Oakwood", "Breakfast with Santa" and in the New Year the annual Friends of Smith Gardens Perennial Sale.

The City of Oakwood is once again sponsoring the Holiday Food Drive to benefit those less fortunate. Non-perishable food items will gladly be accepted and will go to the foodbank serving Montgomery, Greene and Preble counties. Collection boxes are now located at the Oakwood Community Center, 105 Patterson Road and the Oakwood City Building at 30 Park Avenue, and will be available throughout the winter months. We hope you will consider contributing to this needy, worthwhile project. Please share your blessings with others, not only during the holidays but year round!

The OCC Staff wishes you a very happy, safe and joyous holiday season.

Sincerely,

*Carol D. Collins
Director*



Happy Holidays from the OCC Staff

MISSION

The purpose of Leisure Services is to enhance the quality of life for Oakwood residents by offering a variety of activities that encourage overall wellness, cultural opportunities, and fellowship with neighbors. Its mission includes building upon the natural beauty of the city through the improvement, care and maintenance of parks, public gardens, boulevards and right-of-ways.

OCC business office



Monday-Thursday	8:00 A.M. - 9:00 P.M.
Friday	8:00 A.M. - 7:00 P.M.
Saturday	8:00 A.M. - 2:00 P.M.
Sunday	12:00 P.M. - 5:00 P.M.



OCC health center

Monday-Thursday	6:30 A.M. - 9:00 P.M.
Friday	6:30 A.M. - 7:00 P.M.
Saturday	8:00 A.M. - 2:00 P.M.
Sunday	12:00 P.M. - 5:00 P.M.



See Business Office for class schedule and closed hours.

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OCC holiday hours

CHRISTMAS

Saturday, December 24th
 Sunday, December 25th &
 Monday, December 26th

All Areas Closed

NEW YEAR'S

Saturday, December 31st
 Sunday, January 1st
 Monday, January 2nd

All Areas Closed



MARTIN LUTHER KING DAY

Monday, January 16th

All Areas Closed

PRESIDENT'S DAY

Monday, February 20th

All Areas Closed



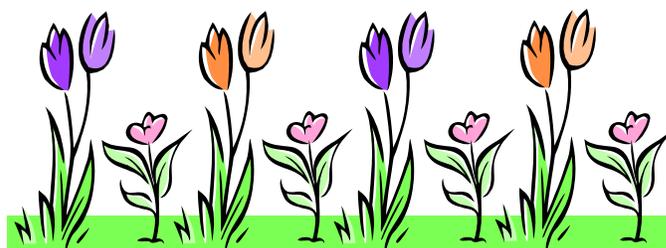
EASTER WEEKEND

Saturday, April 15th

All Areas 8:00 A.M. - 2:00 P.M.

Sunday, April 16th

All Areas Closed



Calling all Instructors....

Do you have a special talent or hobby you would like to share with the community? We are looking for creative, energetic instructors to lead classes and programs at the OCC. If you would like to be a part of our team, please give us a call at 298-0775.

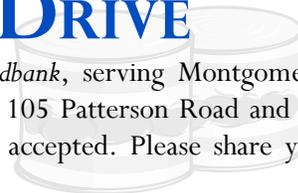
foodbank



Donate Now

CITY OF OAKWOOD HOLIDAY FOOD DRIVE

The City is pleased to sponsor its annual food drive to benefit the *foodbank*, serving Montgomery, Greene and Preble counties. Collection boxes are available at the OCC, 105 Patterson Road and the City Building, 30 Park Avenue. All non-perishable items will be gladly accepted. Please share your blessings with others. *Thank you.*



15TH ANNUAL CANDY CANE HUNT

Join the OCC Staff on Saturday, December 3rd, for a Candy Cane Hunt at Shafor Park. We will have prizes, hot chocolate, and Rudolph will make an appearance. This is an outdoor activity, so dress for the weather! Meet at the shelter.



Date: Saturday, December 3rd
Times: 1:30 - 1:45 P.M. - ages 9 - 12
 2:00 - 2:15 P.M. - ages 6 - 8
 2:30 - 2:45 P.M. - ages 3 - 5
Fee: Free
Location: Shafor Park



A LETTER FROM SANTA

The North Pole is in the OCC??? Well, not exactly, but Santa did drop off a very special mailbox that will send your letters directly to his workshop. Santa promises to return each letter personally. The Magic Mailbox will be in the lobby of the OCC from Monday, November 28th - Sunday, December 18th. **Remember to give Santa your address!** So get your list together and remember - you better be good for goodness sake!



Special Events

Ho! Ho! Ho!

BREAKFAST WITH SANTA

Ho! Ho! Ho!

(for children under 10 years of age)

Santa has once again agreed to take a few moments out of his busy schedule to have breakfast with the children of Oakwood. Children will be able to meet and talk with Santa. A continental breakfast will be served to children and parents. Santa will be making his special phone calls on Monday, December 12th.

Activity #	Day	Date	Time
205040-12 youth	Saturday	December 10th	9:00 - 11:30 A.M.
205030-12 adult	Saturday	December 10th	9:00 - 11:30 A.M.

Fee: \$14 (M), \$21 (NM), \$28 (NR)
Location: OCC Great Room
Registration: Begins Tuesday, November 1st, 8:00 A.M.
 Space is limited to 50 children.

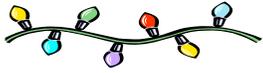
Everyone attending must have a ticket.

Deadline: Wednesday, December 7th at 9:00 P.M.

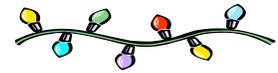
Note: Members may purchase tickets for non-member residents or non-residents but will be required to pay the higher rates. Tickets are non-refundable and are not transferable to other families or programs.



"LIGHTING UP OAKWOOD"



HOLIDAY OF LIGHTS



The City of Oakwood and the Oakwood Environmental Committee are combining the "Lighting Up Oakwood" and the "Holiday of Lights" on Sunday, December 11th. Beginning at 6:00 P.M., lit luminarias will line the boulevards on Far Hills Avenue and Shafor Boulevard as well as the City Building, Community Center, Smith Gardens, Huffman, Shafor, Orchardly and Fairridge Parks and other areas around the city. At 6:30 P.M. in Shafor Park the grand illumination of the city tree will take place. Bring the whole family for an evening of community fellowship with lights, songs, refreshments and a visit from Santa! We will be offering horse-drawn carriage and wagon rides through the streets of our neighborhoods so you can take in the beauty of the evening. The "Lighting Up Oakwood" has become a tradition in an effort to brighten the entire community at the onset of the winter season.



Luminaria kits are now being sold at the Oakwood Community Center. Luminarias are sold by the dozen. The price (\$5.00) includes the white bags, sand and 10-hour candles. Residents interested in helping with this project should call Carol Collins at 298-0775.

HOLIDAY BREAK! (grades 1 - 4)

Last minute shopping? Sign your kids up for an afternoon of fun at the OCC. Children will enjoy pizza, drinks and crafts while playing games like sharks & minnows, balloon volleyball and more with the OCC Staff. Registration required.

Activity #:	205250-12	Fees:	\$10 (M), \$15 (NM) per child
Date:	Saturday, December 17, 2016		\$25 (M) 3 or more in one family
Time:	10:00 A.M. - 2:00 P.M.		\$40 (NM) 3 or more in one family
Location:	OCC Teen Center		



Registration Deadline: Wednesday, December 14th at 9:00 P.M.

Make a Gingerbread House

(ages 7-13, 6 & under with adult helper)

Join us for a fun-filled afternoon of making and decorating a pre-baked gingerbread house. Younger children are welcome to attend with an adult helper.

Activity #	Date	Time
236400-12	Tues., Dec. 13	4:00 - 5:30 P.M.
Fees:	\$20 (M), \$30 (NM), \$40 (NR)	
Location:	Lower Level Teen Center	



NEW!

HAPPY NEW YEAR BAKE-OFF!

(ages 8 - 13)

Come show off your skills in the kitchen at our Happy New Year Bake-Off!! We will provide you with a variety of ingredients and you will have to put together a delicious holiday treat! You will compete against other bakers and all dishes will be judged. The Top 3 will receive a prize!!

Activity #: 205440-1A
Date: Wednesday, December 28th
Time: 12 Noon - 2:00 P.M.
Fees: \$15 (M), \$22 (NM), \$30 (NR)
Instructor: Charmaine Studebaker
Location: OCC Large Classroom/Kitchen



The Shops of Oakwood on Far Hills & Park Avenue



The twinkling lights, the holly and mistletoe...what a perfect setting for a Holiday Scavenger Hunt!!! Get your friends and family to stroll the Shops of Oakwood looking for items on our list. Prizes will be awarded to the first ten people to submit their completed list.

Dates: Saturday, December 10th through Saturday, December 17th
Location: The Shops of Oakwood on Far Hills Avenue and Park Avenue.

MORE INFORMATION TO COME!! WATCH FOR EMAILS & FLYERS!

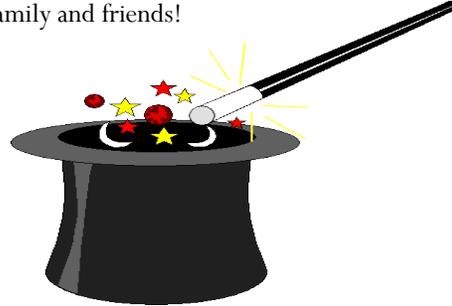
PRACTICAL MAGIC WORKSHOP

(ages 6 & up)

Kids will be amazed as they learn simple magic tricks and balloon sculptures! Parents will love the fact that Magician Stan Goode will not only be teaching them magic tricks but also practical skills to help them lead successful productive lives.

Set in a fun, magical atmosphere, kids will learn that practice really does make perfect and they will leave knowing how to apply that to everyday life, as well as mastering a trick or two to amaze their family and friends!

Activity#: 336310-04
Date: Saturday, April 29
Time: 10:00 - 11:00 A.M.
Fees: \$10 (M), \$15 (NM), \$20 (NR)
Location: OCC Large Classroom



WINTER BREAK WII™ DAYS

(ages 8 - 13)

Looking for something to do during Winter Break? Join the OCC staff for Wii Days. This is a fun and exciting way to get out of the house, stay active and make new friends. Each Wii Day will feature a different game. Some days will be set up in tournament form, others will be random draw play. Drinks and snacks will be provided. Billiards, foosball, ping pong and other activities will be available when not playing Wii. Sign up today...Wii know you'll have a blast!

<u>Activity#</u>	<u>Game:</u>	<u>Day:</u>	<u>Dates:</u>	<u>Time:</u>
305280-2A	Wii Play Motion	Tuesday	February 21	10:00 A.M. - 1:00 P.M.
305280-2B	Just Dance	Wednesday	February 22	10:00 A.M. - 1:00 P.M.
305280-2C	Wii Resort	Thursday	February 23	10:00 A.M. - 1:00 P.M.

Fees: \$8 (M), \$12 (NM), \$16 (NR)
Location: Lower Level Teen Center



Design and Decorate Valentine Cookies!

Join us to decorate Valentine's Day Cookies! Ashley's Pastry Shop will be on hand to instruct the participant on icing and decorating tips. Each participant will come away with six Valentine cookies to share with family and friends.

Ages 6 - 9

Activity #: 305360-2A
Date: Thursday, February 9
Time: 5:30 - 6:30 P.M.
Fee: \$15 (M), \$23 (NM), \$30 (NR)
Location: OCC Large Classroom



Ages 10 & up

Activity #: 305360-2B
Date: Thursday, February 9
Time: 6:30 - 7:30 P.M.



All material and goodies will be provided. Limited space, so sign up early.

PARENT/CHILD SUNDAE BINGO

(ages 4 & older)

Moms, dads, sisters, brothers, grandparents - everyone is welcome at Sundae Family Bingo. Join in the fun as we play for small prizes suitable for all ages. Everyone will enjoy ice cream sundaes when the games are done.

Activity #: 305410-03
Date: Sunday, March 12, 2017
Time: 1:00 - 2:30 P.M.
Fees: \$5 (M), \$8 (NM), \$10 (NR)
Location: OCC Lower Level Teen Center

Space limited to 40 people.

Registration Deadline: Wednesday, March 8, 2017 at 9:00 P.M.



EGG COLORING AND PICTURES WITH THE EASTER BUNNY

(for children 10 years of age and younger)



Parents . . . want to make this an Easter your family will remember? Register to decorate eggs with the Easter Bunny at the OCC and have a memorable picture taken with the bunny too!!! Children will have fun learning different ways to dye eggs and parents won't have to deal with all the mess. Let the Easter Bunny and the OCC staff do it for you.

A matted picture will be taken by a professional photographer for all those who register for this event. Those attending will also receive a **special gift from the Easter Bunny**.

You can choose from two different time slots...

Activity #:	305100-04	Activity#:	305101-04
Day:	Thursday	Day:	Thursday
Date:	April 13	Date:	April 13
Time:	6:30 - 7:15 P.M.	Time:	7:00 - 7:45 P.M.
Fee:	\$12 (M) per child, \$18 (NM) per child, \$24 (NR) per child		
Location:	OCC Lower Level Teen Center		

Registration deadline: Monday, April 10 at 9:00 P.M.



FRIENDS OF SMITH GARDENS PERENNIAL SALE



The thirty-first annual Friends of Smith Gardens "Perennial Sale" will be held on Friday, April 21st and Saturday, April 22nd at the Oakwood Community Center, 105 Patterson Road, in Oakwood. **The hours are from 3:00 - 8:00 P.M. on Friday and 9:00 A.M. - 3:00 P.M. on Saturday.**

A wide variety of perennials, herbs, everlastings, ornamental grasses, wildflowers, hostas, ferns and daylilies will be available. A listing of plant material will be available from the OCC beginning Wednesday, March 1, 2017. For further information or for a complete listing of plants, please call 298-0775.



Volunteers are needed to help with the sale. Anyone interested in helping, please call Carol Collins at 298-0775.



Pre-School Pillo Hockey (ages 3-5)

If your pre-schooler enjoyed indoor soccer, they will love Pillo Hockey! Pillo Hockey is similar to ice and floor hockey and the goalie is allowed to pick up the foam ball. The program is designed to develop hand/eye coordination, team work and sportsmanship in a relaxed setting. **Rosters and schedules will be emailed Thursday after the registration deadline.** Enrollment is limited to 36 participants.

Activity # Day Practices /Games
329050-01 Sat. Jan. 14, 21 & 28; Feb. 4 & 11
Fees: \$15 (M), \$23 (NM), \$30 (NR)
Location: OCC Great Room
Registration Deadline:
Wednesday, January 11th @ 9:00 P.M.

Pre-School Basketball Clinic (ages 4 - 5)

This clinic will offer beginning skills such as passing, dribbling and shooting. No games will be played. Players will participate in "Around the World" type activities. Class is limited to 30 students.

Activity # Day Dates
329100-03 Sat. Mar. 4, 11, 18 & 25
Fees: \$12 (M), \$18 (NM), \$24 (NR)
Location: OCC Great Room
Registration Deadline:
Thursday March 2nd @ 9:00 P.M.



Youth Volleyball Clinic (grades 3, 4, 5 & 6)

Volleyball is a fast paced and exciting sport. This Volleyball is for boys and girls in grades 3rd through 6th. Players will learn the fundamental techniques of volleyball on Monday - Thursday; then a mini tournament on the final Sunday. Instructor, Cara Leedy, along with some OHS Jill's Volleyball players, will make this a fun way to learn volleyball.

Activity #	Grades
332253-03	Grade 3
332254-03	Grade 4
332255-03	Grade 5
332256-03	Grade 6



Days: Mondays - Thursday, Sunday
Time: 6:00 - 7:30 P.M.
Dates: March 6, 7, 8 & 9
*Sun., March 12 from 1:00 - 2:30P.M.
Fees: \$28 (M), \$42 (NM), \$56 (NR)
Location: Edwin D. Smith Elementary
Registration Deadline:
Sunday, February 26, 2017 at 5:00 P.M.
\$15 late fee after deadline!

Girls Field Hockey

GRADES 4, 5 & 6 It's time for another great season of Field Hockey! In cooperation with OHS, the program will start indoors, at OHS West Gym and then move to Irving Field on Irving Avenue next to the Patterson Park Little League Complex. This fun, fast-paced sport is open to girls grades 4th through 6th. Learn the basics of this exciting sport in a safe and educational atmosphere. Mouth guards, shin guards and gym shoes are required, cleats are optional. All other equipment will be provided. Mitch Miller, coach of the OHS Girls Field Hockey team, will again be coaching this year along with the high school varsity and JV players. Please indicate shirt size when you register.

Activity #	Grade
331354-04	Grade 4
331355-04	Grade 5
331356-04	Grade 6
Days:	Mondays & Wednesdays
Dates:	April 10 - May 24
Fees:	\$25 (M), \$38 (NM), \$50 (NR)
Location:	Oakwood High School West Gym
	April 10, 12, 17 & 19, 6:00 - 7:00 P.M.
	Irving Field
	April 24 - May 24, 6:00 - 7:30 P.M.
	Registration Deadline: Thursday, April 6 at 9:00 P.M.
	\$15 late fee after deadline!



DeAngelis Martial Arts: Karate

Courage! Discipline! Strength! Balance! The “secrets” of martial arts are not secrets at all - they are open to everyone. Children, teens, and adults are welcome in this traditional martial arts class that blends fitness, self-defense, discipline, and movement forms that date back centuries. Classes are fun, active, and varied, and are designed for everyone from the rank novice to the experienced practitioner. Come and see what it’s like to be a Dragon!

Little Dragons (ages 5-7)

Activity: 355111-01	Day: Mon.	Dates: Jan 9, 23, 30*	Time: 6:00 - 7:00 P.M.
Activity: 355111-02	Day: Mon.	Dates: Feb. 6, 13, 27*	Time: 6:00 - 7:00 P.M.
Activity: 355111-03	Day: Mon.	Dates: Mar. 6, 13, 20, 27	Time: 6:00 - 7:00 P.M.
Activity: 355111-04	Day: Mon.	Dates: April 10, 17, 24, May 1	Time: 6:00 - 7:00 P.M.

Fees: \$30 (M), \$45 (NM), \$60 (NR) (4 week session) *Fees: \$22 (M), \$33 (NM), \$44 (NR) (3 week session)

Dragons (ages 8 & up)

Activity: 355110-01	Day: Mon.	Dates: Jan 9, 23, 30*	Time: 7:00 - 8:30 P.M.
Activity: 355110-02	Day: Mon.	Dates: Feb. 6, 13, 27*	Time: 7:00 - 8:30 P.M.
Activity: 355110-03	Day: Mon.	Dates: Mar. 6, 13, 20, 27	Time: 7:00 - 8:30 P.M.
Activity: 355110-04	Day: Mon.	Dates: April 10, 17, 24, May 1	Time: 7:00 - 8:30 P.M.

Fees: \$35(M), \$57 (NM), \$70 (NR) (4 week session) *Fees: \$27 (M), \$41 (NM), \$54 (NR) (3 week session)

Instructor: Bill Ayres
Location: OCC Great Room

Bill Ayres is an Oakwood resident who received his Black Belt from DeAngelis Martial Arts in Hersey, Pennsylvania. Bill has guest coached for the Wittenberg Martial Arts Club, has judged a number of martial arts tournaments, and received top prize in 2011 for black belts in his age group from the Miami Valley Tournament Association.

COACHES, REFEREES AND PARENTS/ GUARDIANS

The State of Ohio passed Ohio law (ORC 3707.511) which required youth sports organizations to provide a copy of the Ohio Department of Health Concussion Information Sheet to all parents or guardians of each individual who wishes to practice for or compete in an athletic activity organized by said organization.

Parents/Guardians this means you will receive an email or hard copy of the ODHICIS for each activity which falls under the umbrella of this law. Please provide a valid email at time of registration.

Coaches/Referees and Volunteer Parents: If coaching, monitoring or officiating a youth event you are required to successfully complete, every three years, an online training program in recognizing the signs and symptoms of concussions and head injuries provided by the Ohio Department of Health; a training program in recognizing the symptoms of concussions and head injuries that is linked on the Department of Health’s Web site. (www.healthyohiprogram.org/concussion). A copy of the certificate, upon completion, needs to be turned in to the OCC.

YOUTH OPEN GYM

Attention Oakwood Students! Sunday open basketball is back! Join your friends at Edwin D. Smith School, 1701 Shafor Blvd., for a game or two. Parents are invited to stay and participate in this fun activity.

Dates: Sundays, Dec. 4, 11, 18; Jan. 8, 15, 22, 29; Feb. 5, 12, 19, 26 (Tuesday)21, (Thursday)23.

Schedule is subject to change without notice.

Time: 11:30 A.M. - 1:00 P.M. - K - 5th grade
 1:00 - 2:30 P.M. - 6th - 10th grade

Fees: FREE!!!

Location: Edwin D. Smith School
 1701 Shafor Blvd.



OUTDOOR SPRING SOCCER

(ages 4 & 5 & 6)

Designed especially for children between pre-school indoor soccer and youth fall soccer. Participants who meet the multiple age requirements for more than one OCC soccer program must choose **only one** program. Participants must be at least 4 by the first day of the program to be enrolled. No exceptions.

Emphasis is on fun, education, sportsmanship and teamwork. No league or individual standings or statistics will be maintained. Team will be co-ed, 6-on-6 on a shortened field.

Practice and games will be held from 10:00 - 11:00 A.M. on Saturday mornings in April and May at the Old River Sports Complex soccer fields. Children are required to wear shin guards, and cleats are recommended. Make-up games may be played on a weekday.

Volunteer coaches needed!! Please fill out a coach's application at the OCC if interested in coaching.

Coaches always coach their own children and siblings are placed together unless otherwise requested. **All other special requests are not guaranteed.**

Activity #	
329054-04	4 years of age
329055-04	5 years of age
329056-04	6 years of age

Registration Deadline: **Sunday, March 26 at 5:00 P.M.**
\$15 per person late fee after deadline!

Dates: Saturdays, April 15 - May 20
Time: 10:00 - 11:00 A.M.
Fees: \$30 (M), \$45 (NM), \$60 (NR)
Location: **Old River Sports Complex**

A mandatory coaches meeting will be Wednesday, March 29, 2017 at the OCC from 6:00 - 6:30 P.M. Rules, rosters, and schedules will be handed out at this meeting.

Please Note: A coach will contact players after the coaches meeting. Complete team schedules will be emailed prior to the first practice. **PLEASE MAKE SURE WE GET A VALID EMAIL ADDRESS.** Requests for team placement or schedule considerations are not guaranteed.

This is a recreational league, coaches and parents will be asked to referee. For more information, please call Thomas Hayes at the OCC, 298-0775.

YOUTH RECREATIONAL SPRING COED-SOCCER

Grades 1 - 3 and Grades 4 - 6

Each team will practice during the week on Wednesdays at 6:00 P.M., and games will be on Saturday mornings at 11:00 A.M. This league is focused on recreation, fun, education, sportsmanship and teamwork. **Teams will be co-ed**, 7-on-7.

Location - All practices and games take place at Old River Sports Complex, 225 Old River Trail. Schedules and rosters will be emailed prior to the first practice.

Dates - Wednesday, April 12 - Wednesday, May 24

Registration - Forms are available at the OCC front office and will be accepted through Sunday, March 26 at 5:00 P.M. **REGISTRATIONS RECEIVED AFTER THIS DATE WILL BE SUBJECT TO A \$15.00 LATE FEE** and will be placed on teams as space permits. There is no guarantee for late placements. Registrations may be dropped off in person or mailed to the OCC at 105 Patterson Rd., Oakwood, OH 45419. Mailed registrations must have a postmark on or before the deadline.

Volunteer coaches needed!! Please fill out a coach's application at the OCC if interested in coaching. Coaches will be referees.

Coaches always coach their own children and siblings are placed together unless otherwise requested. **All other special requests are not guaranteed.**

A mandatory coaches meeting will be Wednesday, March 29, 2017 at the OCC from 6:30 - 7:00 P.M. Rules, rosters and schedules will be handed out at this meeting.

Please Note: A coach will contact players after the coaches meeting. Complete team schedules will be emailed prior to the first practice. **PLEASE MAKE SURE WE GET A VALID EMAIL ADDRESS.** No requests for team placement or schedule considerations will be honored.

This is a recreational league. Coaches and parents will be asked to referee. For more information, please call Thomas Hayes at 298-0775.

Girls

Activity Numbers

331050-01

331050-02

331050-03

331050-04

331050-05

331050-06

Grades

1

2

3

4

5

6

Boys

Activity Numbers

330050-01

330050-02

330050-03

330050-04

330050-05

330050-06

Grades

1

2

3

4

5

6

Fees: \$50 (M), \$75 (NM), \$100 (NR)

FENCING PROGRAM

(ages 7 and up)

Fencing gives all athletes a great exercise experience! The main goal of fencing is to develop and improve balance, coordination and focus, benefiting the athlete both physically and mentally. Students will be introduced to techniques and strategies in different fencing situations based on their confidence regardless of level or experience. Fencers will learn proper footwork and blade work based on the Italian Fencing School method, recognized worldwide as safe, efficient and elegant. Fencing is a good activity for all ages, youth and adult alike. All the participants will use fencing jackets, masks, gloves and swords (foil). Classes will be organized by level: Beginner Level 1 and Level 2 based on experience, knowledge and confidence in fencing and Adult/Competitive.

Equipment Rental: \$20 per session will be charged, cash or check on the first day of class, to the instructor, payable to AFAD, for upkeep, replacement and cleaning.

YOUTH BEGINNING

Activity #:	Day:	Dates:	Time:
355190-01	Wednesdays	Jan. 4 - Feb. 8	5:45 - 6:45 P.M.
355190-03	Wednesdays	Mar. 1 - Apr. 12 (no class Apr. 5)	5:45 - 6:45 P.M.
355190-04	Wednesdays	Apr. 19 - May 24	5:45 - 6:45 P.M.
Fees:	\$45 (M), \$68 (NM), \$90 (NR)		
Location:	OCC Great Room		

BEGINNER LEVEL 2

Activity #:	Day:	Dates:	Time:
355192-01	Wednesdays	Jan. 4 - Feb. 8	6:45 - 7:45 P.M.
355192-03	Wednesdays	Mar. 1 - Apr. 12 (no class Apr. 5)	6:45 - 7:45 P.M.
355192-04	Wednesdays	Apr. 19 - May 24	6:45 - 7:45 P.M.
Fees:	\$45 (M), \$68 (NM), \$90 (NR)		
Location:	OCC Great Room		

ADULT/COMPETITIVE (This class is for any level adult, beginner to advanced and competitive youth.)

Activity #:	Day:	Dates:	Time:
355193-01	Wednesdays	Jan. 4 - Feb. 8	7:45 - 8:45 P.M.
355193-03	Wednesdays	Mar. 1 - Apr. 12 (no class Apr. 5)	7:45 - 8:45 P.M.
355193-04	Wednesdays	Apr. 19 - May 24	7:45 - 8:45 P.M.
Fees:	\$45 (M), \$68 (NM), \$90 (NR)		
Location:	OCC Great Room		

Instructor: We are thrilled to have Oakwood Resident, Will Erwin as our fencing instructor! Will has fenced for over 10 years at the high school, college and adult competition levels. He has instructed the sport for over five years and has held competitive rating in all three weapons. Will is excited to teach here at the OCC!



Youth Art Classes (grades 1 - 6)

Jane Brennan is the instructor for the Youth Art Classes at the OCC. Jane has taught all age levels, elementary through college. She has taught at schools in this area, the Dayton Art Institute and the Rosewood Arts Centre.

January Art Class - Watercolors with crayons and salt.

Activity #	Day	Dates	Time
324100-01	Wed.	Jan. 11, 18 & 25	4:00 - 5:00 P.M.
Fees: \$22 (M), \$33 (NM), \$44 (NR) \$3.00 supply fee paid to instructor the first day of class.			

February Art Class - Oil pastels - we will draw people and faces.

Activity #	Day	Dates	Time
324100-02	Wed.	Feb. 1, 8 & 15	4:00 - 5:00 P.M.
Fees: \$22 (M), \$33 (NM), \$44 (NR) \$3.00 supply fee paid to instructor the first day of class.			



March Art Class - Collages with paper and found objects.

Activity #	Day	Dates	Time
324100-03	Wed.	Mar. 8, 15 & 22	4:00 - 5:00 P.M.
Fees: \$22 (M), \$33 (NM), \$44 (NR) \$3.00 supply fee paid to instructor the first day of class.			



April Art Class - Acrylic painting using primary and secondary colors.

Activity #	Day	Dates	Time
324100-04	Wed.	Apr. 12, 19 & 26	4:00 - 5:00 P.M.
Fees: \$22 (M), \$33 (NM), \$44 (NR) \$3.00 supply fee paid to instructor the first day of class.			

Location: OCC Lower Level Teen Center

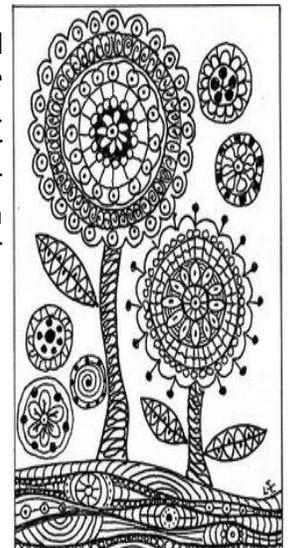
Please Note: The instructor strongly suggests students bring a paint shirt to each class.

ZENTANGLE for Beginners/Advanced Beginners

(Adults - children over 8 years old with adult)

Looking for a new way to relax? Do you want to improve your focus and well-being? Do you like to doodle? This is the perfect class for you. The Zentangle method is an easy-to-learn, relaxing and fun way to create beautiful images by drawing structured patterns. You will not believe what you can do after a simple 20 minute instructional period and you will be off and going on your own. We will provide the supplies and ideas and the rest is up to you. Each participant will be given a blank monogram to zentangle that will be suitable for framing!

Activity#: 324010-02
Day/Date: Thursday, February 16, 2017
Time: 6:30 - 8:00 P.M.
Fees: \$7 (M), \$11 (NM), \$14 (NR)
Family Fees: \$12 (M), \$18 (NM), \$24 (NR)
Instructor: Jane Brennan
Location: OCC Large Classroom



Jane Brennan, has taught all age levels, elementary through college. She has taught at schools in this area, the Dayton Art Institute and the Rosewood Arts Centre. Jane is our instructor for the Youth Art Classes here at the OCC.

Group Piano & Music Instruction

(grades 1 - 6)

This class is designed for the beginning piano player. Students will learn to read notes and play simple songs on the keyboard. Students need access to some type of keyboard at home. Private lessons may be arranged with the instructor for continuing students.



Piano I	Grades 1 – 6	Day	Dates	Times
Activity #				
323151-01		Wed.	Jan. 18 - Feb. 15	3:30 - 4:00 P.M.
323151-02		Wed.	Mar. 1 - Mar. 29	4:00 - 4:30 P.M.

Continuing Piano II	Grades 1 – 6	Day	Dates	Time
Activity #				
323152-02		Wed.	Mar. 1 - Mar. 29	3:30 - 4:00 P.M.

NOTE: If a student has already taken Piano I, they must then move to Continuing Piano II.

Fees: \$45 (M), \$68 (NM), \$90 (NR)
 \$6 fee for instruction book to be paid to instructor first day of class. Please send in an envelope with student's name on the front.

Location: OCC Large Classroom **Instructor:** Muriel Hunt

Science Saturdays!

(ages 5 - 12)

Science Saturday's offer educational and fun time to discover, inquire, learn and have fun! Join science teacher and OCC day camp counselor Charmaine Studebaker for this educational, hands-on class!

#1 SLIMEY SATURDAY: working with polymers and non-Newtonian liquids.

#2 UP, UP & AWAY: different ways to make rockets and shoot them off with the use of chemistry and physics.

#3 RECYCLE, REUSE & DESIGN: making trash into treasure.

Take one Saturday or all three!

NEW!

Activity #	Day	Dates	Time
336220-01	#1 Saturday	January 21	10:00 - 11:00 A.M.
336220-02	#2 Saturday	February 18	10:00 - 11:00 A.M.
336220-03	#3 Saturday	March 18	10:00 - 11:00 A.M.

Fee: \$10 (M), \$15 (NM), \$20 (NR)

Instructor: Charmaine Studebaker **Location:** OCC Lower Level Teen Center

Char has been in education for years and her passion for learning, students and science is what motivates her to spread that joy of hands-on learning!

Beginning Acting Class

(ages 8 - 13*)



This well-rounded performance class will encourage students to explore the art of acting for stage and camera. They will learn theatre games as well as explore the improvisation, theatre basics and how to audition. There will also be a short play that will progress to performance level and be performed for family and friends on Wednesday, March 30th.

*Younger students enrolled in previous classes with Teresa will be admitted with her permission.

Activity #	Day	Dates	Time
325050-01	Wednesday	Jan. 18 - Feb. 15	5:15 - 6:15 P.M.
325050-03	Wednesday	Mar. 1 - Mar. 29	5:15 - 6:15 P.M.

Fees: \$40 (M), \$60 (NM), \$80 (NR)

Instructor: Teresa Connair, has a BFA in Acting from Wright State University and is a professional actress with experience in theatre, voice-overs and television. She is also the Director of the OCC Youth Summer Theatre.

Location: OCC Great Room

Acting Class Performance

Open to current students of the Beginning Acting Class Session II. All parents, friends, and family members are invited.

Date: Wednesday, March 29

Time: 5:45 P.M.

Location: OCC Great Room

Make a Gingerbread House

(ages 7-13, 6 & under with adult helper)

Join us for a fun-filled afternoon of making and decorating a pre-baked gingerbread house. Use your creativity to design a beautiful holiday keepsake. Younger children are welcome to attend with an adult helper.



Activity#	Date	Time
236400-12	Tues., Dec. 13	4:00 - 5:30 P.M.
Fees:	\$20 (M), \$30 (NM), \$40 (NR)	
Location:	OCC Lower Level Teen Center	

Dad & Me, Mother's Day Cake Decorating

Looking for a great gift idea for Mother's Day? Come and decorate a Mother's Day cake for Mom! Dad and kids can have fun making this Mother's Day gift for mom that she is sure to remember.

Activity #: 136170-05
Date: Thursday, May 11th
Time: 6:45 - 7:45 P.M.
Fee: \$18 (M), \$27 (NM), \$36 (NR)
Instructor: Teresa from Ashley's Pastries
Location: OCC Large Classroom
All material and goodies will be provided.



FATHER/DAUGHTER DANCE

Saturday, April 29th from 7:30 - 9:00 P.M.

Dads, want to spend a night out with your best gal? Then how about the dance floor of the OCC? Come dressed in your best and spend a memorable evening with your "little princess". Join us for dancing and refreshments. This dance is open to all Oakwood dads and granddads with daughters and granddaughters between the ages of 5 and 11 years. Tickets are limited and must be purchased in advance at the Oakwood Community Center.

A photographer will be on site to take pictures for an additional fee.

Activity #: 336650-04 **Location:** OCC Great Room
Fees: \$15 per couple (M)
 \$22 per couple (NM)

And dads, if you have more than one "best gal", no problem . . .
 \$5 per extra daughter (M) and (NM)



Pre-School Tumbling (ages 3 - 5)

Tumbling, jumping and skipping for pre-schoolers. Large motor skills will be developed through the use of the mats, balance beams, incline, hoops, balls and other fun equipment. Music will be used to work on rhythm and listening skills. **Family and friends are welcome to observe the last class of each session.**

Dress: Wear comfortable clothes, but not too baggy. Unitards, shorts, sweats and bare feet. No jeans or skirts.

Activity #	Day	Dates	Time
322050-01	Mon.	Jan. 9 - Feb. 13	3:30 - 4:00 P.M. (no class Jan. 16)
322050-02	Mon.	Feb. 27 - Mar. 27	3:30 - 4:00 P.M.
322050-04	Mon.	*Apr. 24 - May 8	3:30 - 4:00 P.M.

Fees: \$30 (M), \$45 (NM), \$60 (NR) (5 weeks)
*\$18 (M), \$27 (NM), \$36 (NR) (3 weeks)

Instructor: Hope Nueslein
Location: OCC Great Room



Beginner Gymnastics (ages 5 - 6)

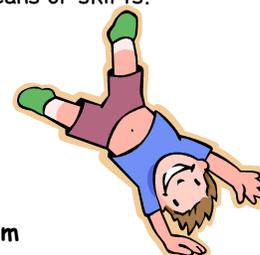
A continuation of the fun activities in Pre-School Tumbling. Proper stretching, splits, bridges, cartwheels, headstand, backrolls and other beginning skills will be focused on in this class. This class is a real confidence booster. **Family and friends are welcome to observe the last class of each session.**

Dress: Wear comfortable clothes, but not too baggy. Unitards, shorts, sweats and bare feet. No jeans or skirts.

Activity #	Day	Dates	Time
322150-01	Mon.	Jan. 9 - Feb. 13	4:00 - 4:45 P.M. (no class Jan. 16)
322150-02	Mon.	Feb. 27 - Mar. 27	4:00 - 4:45 P.M.
322150-04	Mon.	*Apr. 24 - May 8	4:00 - 4:45 P.M.

Fees: \$35 (M), \$53 (NR), \$70 (NR) (5 weeks)
*\$21 (M), \$32 (NM), \$42 (NR) (3 weeks)

Instructor: Hope Nueslein
Location: OCC Great Room



Intermediate Gymnastics (ages 7 & Up)

This class will move from beginning levels into more advanced skills. Tumbling, round-offs, front and back walkovers and front and back handsprings are added to the list of skills to be mastered. There will be more emphasis on learning and improving flexibility, control and Intermediate tumbling. **Family and friends are welcome to observe the last class of each session.**

Dress: Wear comfortable clothes, but not too baggy. Unitards, shorts, sweats and bare feet. No jeans or skirts.

Activity #	Day	Dates	Time
322200-01	Mon.	Jan. 9 - Feb. 13	4:45 - 5:30 P.M. (no class Jan. 16)
322200-02	Mon.	Feb. 27 - Mar. 27	4:45 - 5:30 P.M.
322200-04	Mon.	*Apr. 24 - May 8	4:45 - 5:30 P.M.

Fees: \$35 (M), \$53 (NM), \$70 (NR) (5 weeks)
*\$21 (M), \$32 (NM), \$42 (NR) (3 weeks)

Instructor: Hope Nueslein
Location: OCC Great Room



(ages 5 - 9)

Tap is a fun form of dance that encourages rhythm, balance and agility. This class reviews basic tap steps and continues on with more intricate sounds and moves. **Tap shoes required.** Parents are welcome to observe the last class of each session.

Tap

Activity #	Day	Dates	Time
322500-01	Mon.	Jan. 9 - Feb. 13	5:45 - 6:15 P.M. (no class Jan. 16)
322500-02	Mon.	Feb. 27 - Mar. 27	5:45 - 6:15 P.M.
322500-04	Mon.	*Apr. 24 - May 8	5:45 - 6:15 P.M.

Fees: \$35 (M), \$53 (NM), \$70 (NR) (5 weeks)
*\$21 (M), \$32 (NM), \$42 (NR) (3 weeks)

Instructor: Hope Nueslein
Location: OCC Lower Level Teen Center



Oakwood Ballet is celebrating its 21st year of developing young dancers ages 3 through 12. Our mission is to inspire a love of dance and to provide a nurturing environment in which each child is positioned for success. As always we offer weekly classical ballet lessons with beautiful live piano accompaniment. **NEW! Grade level classes and new performance opportunities designed to meet the needs of our busy ballet families:** All grade level classes have a separate, optional performance component offered 4 times each year. To maximize learning time and convenience, the technique class and performance opportunity are offered back to back on the same day. We will choreograph, rehearse and perform on site, within the session dates; there will be no additional weekend commitments. We will have a different musical theme for each performance component and will add some surprise touches to make it a special day!



Miss Camille has directed Oakwood Ballet for 21 years, danced professionally with American Ballet Theatre, and is a ABT* Certified Teacher. She holds an MFA from New York University.

Please visit: oakwoodballet.com for more details. Miss Camille welcomes your questions: Camille@oakwoodballet.com or call the OCC: 298-0775.

Just for Threes (age 3)

Just for Threes is a gentle introduction to movement and music for the independent three year old. Designed for both boys and girls, this class explores large motor coordination and develops musical awareness. We have fun with hand and eye coordination, rhyming songs and more!

Dress Code: Girls - pink footless tights, pink leotard (any skirtless style), bare feet; long hair should be pulled into a ponytail.

Boys - solid white t-shirt, navy blue or black shorts, bare feet.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321051-01	Thurs.	Jan. 5 - Feb. 16	3:45 - 4:15 P.M.
<u>Open House: Thursday, Feb. 16</u>			
321051-03	Thurs.	Mar. 9 - Apr. 27 (no lesson Apr. 6)	3:45 - 4:15 P.M.

Open House: Thursday, Apr. 27

Fees: \$56 (M), \$84 (NM), \$112 (NR)

Location: OCC Great Room

Pre Ballet (ages 4-5)

This class builds on the natural curiosity and excitement of preschoolers as they discover new kinetic abilities. The movement fundamentals of levels, dimensions, time and energy are explored through fun games and imaginative dance.

Dress Code: pink footed tights, pink leotard (Bloch: #5402), pink ballet shoes; long hair should be pulled into a ponytail.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321101-01	Tues.	Jan. 3 - Feb. 14	4:00 - 4:30 P.M.
<u>Open House: Tuesday, Feb. 14</u>			
321101-03	Tues.	Mar. 7 - Apr. 25 (no lesson Apr. 4)	4:00 - 4:30 P.M.

Open House: Tuesday, Apr. 25

Fees: \$56 (M), \$84 (NM), \$112 (NR)

Location: OCC Great Room

Kinder Ballet (kindergarten age)

Kinder Ballet focuses on the joyful expression of ballet while exploring spatial awareness, group dynamics and movement pathways. Musical sensitivity is developed through fun rhythmic patterns and age appropriate improvisations.

Miss Melanie Danford enriches this class with beautiful live music.

Dress Code: pink footed tights, pink leotard (Bloch: #CL5402), pink ballet shoes; hair should be pulled away from face in a ponytail or braid.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321200-01	Tues.	Jan. 3 - Feb. 14	4:30 - 5:00 P.M.
<u>Open House: Tuesday, Feb. 14</u>			
321200-03	Tues.	Mar. 7 - Apr. 25 (no lesson Apr. 4)	4:30 - 5:00 P.M.
<u>Open House: Tuesday, Apr. 25</u>			

Fees: \$56 (M), \$84 (NM), \$112 (NR) **Location:** OCC Great Room

Beginning Ballet (grades 1 & 2)

The organizational and structural beauty of classical ballet is introduced in this foundational course of study. Some aims include developing correct posture through core strengthening, experiencing the rich music/movement relationship and jumping for joy!

Miss Melanie Danford enriches this class with beautiful live music.

Dress Code: pink footed tights, pink leotard (Bloch: #CL5402), pink Bloch split-sole ballet shoes; hair is required to be pulled away from face and neck into a pony tail or bun.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321400-01	Tues.	Jan. 3 - Feb. 14	5:00 - 5:45 P.M.
<u>Open House: Tuesday, Feb. 14</u>			
321400-03	Tues.	Mar. 7 - Apr. 25 (no lesson Apr. 4)	5:00 - 5:45 P.M.

Open House Tuesday, Apr. 25

Fees: \$63 (M), \$95 (NM), \$126 (NR)

Location: OCC Great Room

Mini Workshop Performance (grades 1-2)

Designed as a companion class for Beginning Ballet, this class gives students the fun of being a part of the creative process of setting steps to music. All rehearsals, as well as the performance, take place onsite within the session dates. Family and friends are invited to attend and join in a mini celebration after the show. Each session has a different musical theme with some surprise touches to make it a special day...so sign up for one or two or both!

Miss Melanie Danford enriches this class with beautiful live music.

Dress Code: pink footed tights, pink leotard (Bloch: #CL5402), pink Bloch split-sole ballet shoes; hair is required to be pulled away from face and neck into a pony tail or bun.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321401-01	Tues.	Jan. 3 - Feb. 14	5:45 - 6:10 P.M.
<u>Mini Workshop Performance: Tuesday, Feb. 14</u>			
321401-03	Tues.	Mar. 7 - Apr. 25 (no lesson Apr. 4)	5:45 - 6:10 P.M.

Mini Workshop Performance: Tuesday, Apr. 25

Fees: \$35 (M), \$53 (NM), \$70 (NR)

*** Must be enrolled in Ballet class to register for Mini Workshop Performance.**

Location: OCC Great Room

Young Intermediate Ballet (grades 3 - 4)

Building on the foundation introduced in Beginning Ballet, Young Intermediate Ballet is designed for dancers with some previous experience. Material covered in this course highlights ABT's National Training Curriculum benchmarks of Cecchetti's body directions, the study of pirouettes, and progression of allegro. The beauty and balance of classical ballet are emphasized through musicality, quality of movement and attention to detail.

Miss Melanie Danford enriches this class with beautiful live music.

Dress Code: Mulberry camisole leotard (Theatricals: D5100C), pink footed tights, split-sole ballet shoes (Bloch). Hair in a proper bun every lesson, please.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321500-01	Thurs.	Jan. 5 - Feb. 16	4:15 - 5:25 P.M.
<u>Open House: Thursday, Feb. 16</u>			
321500-03	Thurs.	Mar. 9 - Apr. 27 (no lesson Apr. 6)	4:15 - 5:25 P.M.
<u>Open House: Thursday, Apr. 27</u>			

Fees: \$81 (M), \$122 (NM), \$162 (NR)

Location: OCC Great Room

Workshop Performance (Grades 3-4)

Students realize the benefit of their hard work and commitment when they share their love of dance in the concluding performance of this class for family and friends. Each session has a different musical theme and will be choreographed and rehearsed within the specified dates. No additional weekend rehearsals make this opportunity a great fit for our busy ballet families!

Miss Melanie Danford enriches this class with beautiful live music.

Dress Code: Mulberry camisole leotard (Theatricals: D5100C), matching mulberry chiffon skirt (Theatricals: TH5513C) pink footed tights, split-sole ballet shoes (Bloch). Hair in a proper bun every lesson, please.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321501-01	Thurs.	Jan. 5 - Feb. 16	5:25 - 6:10 P.M.
<u>Workshop Performance: Thursday, Feb. 16</u>			
321501-03	Thurs.	Mar. 9 - Apr. 27 (no lesson Apr. 6)	5:25 - 6:10 P.M.
<u>Workshop Performance: Thursday, Apr. 27</u>			

Fees: \$38 (M), \$57 (NM), \$76 (NR)

Location: OCC Great Room

***Must be enrolled in Ballet class to register for Workshop Performance.**

Intermediate Ballet & Graduates (grades 4-6)

Musicality, strength and grace are guiding principles of this class. All students focus on a deeper understanding of previous material and take on more complex challenges, including pointe prep technique, as they are developmentally ready. Graduates, as they become more self-confident are encouraged to explore their developing sense of artistry.

Miss Melanie Danford enriches this class with beautiful live music.

Dress Code:

Intermediate Ballet (4th & 5th grades): Turquoise leotard (Theatricals: #N5500C or #N5500)

Graduates (6th grade): Black leotard with rhinestone pinch front (Motionwear: #2917) Black wrap chiffon skirt. (Capezio H309 or equivalent)

All students: pink footed tights, Bloch split sole ballet shoes, hair in a proper bun every lesson, please.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321550-01	Fri.	Jan. 6 - Feb. 17	4:00 - 5:30 P.M.

[Open House: Friday, Feb. 17](#)

321550-03	Fri.	Mar. 10 - Apr. 28 (no lesson Apr. 7)	4:00 - 5:30 P.M.
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[Open House: Friday, Apr. 28](#)

Fees: \$94 (M), \$141 (NM), \$188 (NR)

Location: OCC Great Room



Showcase Performance (grades 4-6)

Establishing good work habits that create the foundation for all future learning, Showcase Performance combines the elements of self-discipline, commitment, and artistry through our beautiful art form of classical ballet. Plus we have a lot of fun! Experience the integrity of the process and the pleasures of the outcome as we choreograph, rehearse and perform a short new work together each session. No additional weekend rehearsals make this opportunity a great fit for our busy ballet families!

Miss Melanie Danford enriches this class with beautiful live music.

Dress Code:

Intermediate Ballet (4th & 5th grade): Turquoise leotard (Theatricals #N5500c or #N5500)

Graduates (6th grade): black leotard with rhinestone pinch front (Motionwear: #2917)Black wrap chiffon skirt (Capezio #309 or equivalent)

All Students: pink footed tights, bloch split sole ballet shoes, leotards same as ballet class. Hair in a proper bun every lesson, please.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Times</u>
321551-01	Fri.	Jan. 6 - Feb. 17	5:30 - 6:15 P.M.

[Showcase Performance: Friday, Feb. 17](#)

321551-03	Fri.	Mar. 10 - Apr. 28 (no lesson Apr. 7)	5:30 - 6:15 P.M.
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[Showcase Performance: Friday, Apr. 28](#)

Fees: \$40 (M), \$60 (NM), \$80 (NR)

Location: OCC Great Room



SNOWMAN BUILDING

It's the 1st day of Winter Break...are you looking for something fun to do? Come to Old River Sports Complex with your friends and family to build a snowman. This is open to children of all ages. Adults are encouraged to attend, required if children are under 12 years of age.

Date: Saturday, February 18, 2017 (This is a outdoor activity. Please dress for the weather.)
Time: 1:00 - 3:00 P.M.
Fee: Free!
Location: **Old River Sports Complex**
(This program depends on snow and there is no make-up date for lack of snow.)

NINTH ANNUAL WINTER BREAK WII™ BOWLING TOURNAMENT (ages 6 - 10)

School's out and you are cooped up at home... then sign up for the 9th Annual Winter Break Wii Bowling Tournament. This is open to boys and girls, ages 6 - 10. This special event will take place in the OCC Teen Center. Tournament will begin at 1:00 P.M. Snacks and drinks will be provided.

REGISTRATION DEADLINE: Sunday, December 18th at 5:00 P.M.

Activity#: 205280-12
Date: Monday December 19, 2016
Time: 1:00 - 4:00 P.M.
Fees: \$8(M), \$12 (NM), \$16 (NR)
Location: OCC Teen Center



DOG SNOW ROMP

Does your dog(s) have fun playing in the snow? Most dogs relish a romp in the snow. Running, galloping with a grin, running with their head under the snow, stopping only to have a quick roll or find the snowball!

Join the OCC for a Dog Snow Romp at Old River on Saturday, January 28th from 1:00 - 4:00 P.M. Humans dress for the weather. Canines bring a towel to dry off. This a free event, just a canine and a human.

In order to keep this event fun and safe for everyone, there are a few rules to be followed:

- * No females in season * Current on vaccinations * One canine per human
- * Owners must clean up after their dogs * Dogs must be at least 6 months old

Activity#: 345280-01
Day/Date: Saturday, January 28, 2017
Time: 1:00 - 4:00 P.M.
Fee: Free but Pre-Registration and a copy of current vaccinations is required.
Location: **Old River Sports Complex**



No aggressive dogs permitted at this event. The Department of Leisure Services reserves the right to refuse entry of any dog deemed hazardous to participants or whose physical condition may be at risk by participating in this event.

This program is weather dependent. Will be held if no snow, however, if the ground is too soft or temperature is too cold the program will be cancelled.

JUNIOR HIGH DANCES

(grades 7 & 8)

Come dance the night away! Doors open 15 minutes prior to beginning time. No admittance 30 minutes after dance starts. Dances at the OCC are for Oakwood Residents only. No guests will be permitted.

Dates

Friday, Dec. 2
 Friday, Jan. 27
 Friday, Feb. 10
 Friday, Mar. 24

Times

8:30 - 10:00 P.M.
 8:30 - 10:00 P.M.
 8:30 - 10:00 P.M.
 8:30 - 10:00 P.M.

\$5



PRE-TEEN SIXTH GRADE DANCE

Friday, April 28

8:00 - 9:30 P.M.

Fees: \$5



American Red Cross Babysitting Course

(ages 11 and older)

For ages 11 and older, this one-day class teaches boys and girls how to be the best babysitters in Oakwood. Class topics include baby care, first aid, safe play activities, Shaken Baby Syndrome & SIDS and how to handle emergencies. Each student must bring a baby doll and age appropriate toy. Instructors are certified by the American Red Cross and students who successfully complete the class receive a Red Cross certificate and will be able to download the Red Cross babysitting handbook, emergency reference guide, business card, resume template and an organizer complete with activities, games, crafts and recipes. Student should bring their own snack.

Activity #	Day	Date	Time
335200-05	Sat.	May 6	8:30 A.M. - 12:30 P.M.
Fees:		\$52 (M), \$78 (NM), \$104 (NR)	
Instructor:	Rebecca Grushon		
Location:	OCC Large Classroom		



PARENT/CHILD SUNDAE BINGO

(ages 4 & older)

Moms, dads, sisters, brothers, grandparents - everyone is welcome at Sundae Family Bingo. Join in the fun as we play for small prizes suitable for all ages. Everyone will enjoy ice cream sundaes when the games are done.

Activity #: 305410-03
Date: Sunday, March 12, 2017
Time: 1:00 - 2:30 P.M.
Fees: \$5 (M), \$8 (NM), \$10 (NR)
Location: OCC Lower Level Teen Center

Space limited to 40 people.

Registration Deadline:
Wednesday, March 8, 2017 at 9:00 P.M.



Junior High Ski Trip ~ ~ Thursday, February 23rd

This year the OCC will sponsor a ski trip to Perfect North Slopes. Join your friends and classmates and spend the day off school swishing down the slopes. Never skied before? No problem. Free group lessons for the beginners included. Don't miss out on all the fun!

Fees include transportation, free group lesson, lift ticket, unlimited skiing, snowboarding, tubing (after 1:00 P.M.) and equipment if needed. Itineraries are printed on each participant's receipt. Register at the OCC. Buses will leave from the Junior High at 8:15 A.M. and will return at approximately 6:00 P.M. to the OCC.

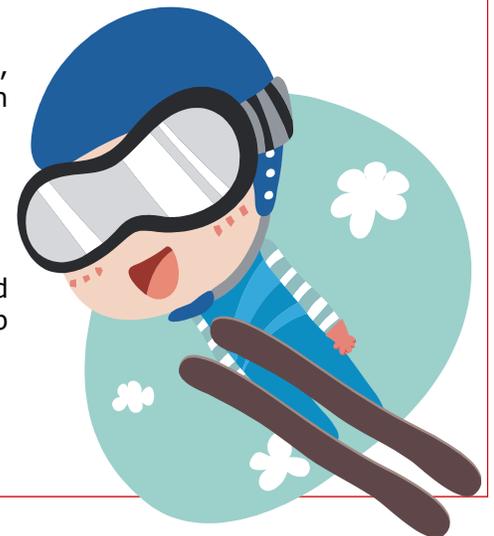
In case of inclement weather the ski trip will be the following day, Friday, Feb. 24th.
Registration Deadline: Sunday, February 19 at 5:00 P.M. at the OCC.

Activity #	Day	Date	Time
340251-02	Thurs.	Feb. 23	8:00 A.M. - 6:00 P.M.

Fees: \$80 with equipment rental per person for unlimited skiing, snowboarding, tubing (after 1:00 P.M.), plus a free group lesson package.

Activity #	Day	Date	Time
340252-02	Thurs.	Feb. 23	8:00 A.M. - 6:00 P.M.

Fees: \$65 without equipment rental per person for unlimited skiing, snowboarding, tubing (after 1:00 P.M.) plus a free group lesson package.



BEGINNING BALLROOM DANCE

(ages 18 and older)

Learn and experience the excitement of three dances: Smooth Waltz, Romantic Rhumba and Crazy Mad Swing. Learn the partnership that guarantees the success of accomplishing these dance patterns within each dance. Classes are easy and fun for the beginner and experienced dancer. Partner is required. The lead instructor is Dale Archer, National Top Teacher Award Winner. Participants will also receive a free compilation CD of dance music to practice at home with.

Activity#: 345360-01
Day: Saturdays
Dates: January 7, 14, 21, 28, Feb. 4, 11, 18, Mar. 4 (no class Feb. 25)
Time: 12:30 - 1:30 P.M.
Fees: \$70 (M), \$105 (NM), \$140 (NR) per person
Instructor: Dale Archer
Location: OCC Great Room



MEDICARE ADVISORY SERVICE

Do you have any problems, concerns, or unanswered questions in regard to your Medicare claims? OSHIIP (Ohio Senior Health Insurance Information Program) may be just the answer you need. OSHIIP's Mission is "to educate the senior public about Medicare and other health insurance issues, and to provide accurate and objective counseling assistance and advocacy relating to Medicare, Medicaid and private health insurances." To speak with a counselor or for more information please call 1-800-686-1578. Private counseling sessions can be arranged in advance through the Retired Senior Volunteer Program. To set up a date and time for counseling, call 223-8246 extension 51.

Day: Second Wednesday of each month **Time:** 10:00 A.M. - 12:00 Noon **Fees:** FREE!

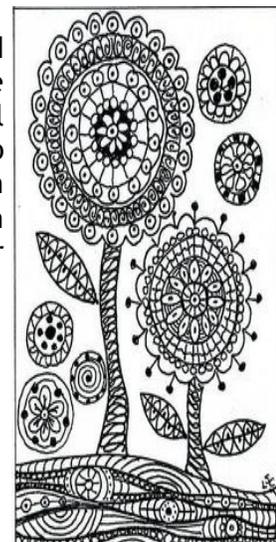
CALL: 223-4613 x51 for information or to schedule an appointment.

ZENTANGLE for Beginners/Advanced Beginners

(Adults - children over 8 years old with adult)

Looking for a new way to relax? Do you want to improve your focus and well-being? Do you like to doodle? This is the perfect class for you. The Zentangle method is an easy-to-learn, relaxing and fun way to create beautiful images by drawing structured patterns. You will not believe what you can do after a simple 20 minute instructional period and you will be off and going on your own. We will provide the supplies and ideas and the rest is up to you. Each participant will be given a blank monogram to zentangle that will be suitable for framing!

Activity#: 324010-02
Day/Date: Thursday, February 16th
Time: 6:30 - 8:00 P.M.
Fees: \$7 (M), \$11 (NM), \$14 (NR)
Family Fees: \$12 (M), \$18 (NM), \$24 (NR)
Instructor: Jane Brennan
Location: OCC Large Classroom



Jane Brennan, has taught all age levels, elementary through college. She has taught at schools in this area, the Dayton Art Institute and the Rosewood Arts Centre. Jane is our instructor for the Youth Art Classes here at the OCC.

Coffee & Classes with the Experts

Mature Adults

Essential Oils - When it comes to keeping you healthy, pure essential oils can be used in a multitude of ways. Join Sandra and Julia as they teach you the basics of essential oils and how they can be a safer, cheaper and more effective way to care for you and your family. There will be a drawing for some free goodies at the end of class!

Activity#	Day	Date	Time
345180-02	Wednesday	February 8	6:30 - 7:30 P.M.
Instructor: Sandra Parcell & Julia Gayle		Location:	OCC Large Classroom

Pediatric Nutrition - What's new in pediatric nutrition? Susan will share guidelines for nourishing your children. This session will look at the best practice in feeding young children...which may even include an occasional "cookie!" Bring your questions for discussion.

Activity#	Day	Date	Time
345180-03	Wednesday	March 22	6:30 - 7:30 P.M.
Instructor: Susan Konek, MA, RDN, CSP, LD, CNSC, FAND		Location:	OCC Large Classroom

Susan has worked for almost 30 years in pediatric nutrition. Susan recently retired from her position as Director of Clinical Nutrition at the Children's Hospital of Philadelphia where she led a group of over 60 pediatric RDNs and NDTR's as they provided quality nutrition care to infants, children and adolescents.

CLASSES ARE FREE BUT PRE-REGISTRATION IS REQUIRED.

OCC DOG OBEDIENCE TRAINING WITH PAULA'S PAWS

(8 Months and Older)

Paula's Paws Dog Training uses a variety of techniques to train your best friend. Whether your dog is young or full grown, it's never too late for training. Dogs will be taught basic commands such as sit, heel, down and come as well as addressing any behavioral issues. **Proof of vaccination required.**

Session I
Activity#: 345261-01
Days: Thursdays
Dates: January 5, 12, 19 & 26
Time: 5:30 - 6:30 P.M.
Instructor: Paula Hosford
Fees: \$75 (M), \$113 (NM), \$150 (NR)
Location: OCC Lower Level Teen Center

Session II
Activity#: 345261-03
Days: Thursdays
Dates: March 2, 9, 16 & 23
Time: 5:30 - 6:30 P.M.
Instructor: Paula Hosford
Fees: \$75 (M), \$113 (NM), \$150 (NR)
Location: OCC Lower Level Teen Center



Paula Hosford received her dog training certification through National K-9 Dog Training School. She is a member of the Association of Pet Dog Trainers, International Association of Canine Professionals and continues her education by attending seminars and conferences. Paula is affiliated with KISS, (K9's in Special Service), which trains service dogs for individuals with disabilities. She teaches in-home private lessons for basic obedience as well as solving behavioral issues. Paula lives in Centerville, Ohio with her two children, two cats and her dog Dakota.

ADULT OPEN GYM

Bring your friends on Tuesday nights to adult open gym. Open gym is for area men and women looking to shoot around or play some pick-up games. There is no residency requirement. However proof of residency is required to receive resident rate.

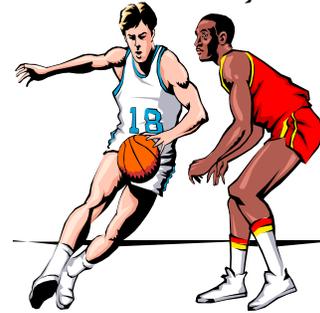
Dates: Tuesdays, December 6, 13; January 3, 10, 17, 24, 31; February 7, 14, 28; March 7, 14

No Sessions: December 20 & 27; February 21
(Schedule subject to change without notice.)

Time: 8:30 - 10:00 P.M.

Fees: \$1 (R), \$2 (NR)

Location: Edwin D. Smith Elementary School, 1701 Shafor Blvd.



Adult Open Gym Rules

1. All participants must be 18 years of age or older.
2. You must have a state ID or driver's license or you will not be allowed entrance; **NO EXCEPTIONS.** Also, you must complete the sign-in sheet each night you play with your full name, address and phone number. This will be compared to ID.
3. You may be asked to leave for the following reasons (but not limited to): fighting, foul or abusive language, drugs or alcohol, betting, use of tobacco products, excessive noise outside the facility, arguing over calls or misuse of school property.
4. Facility Supervisor or City Staff reserve the right to dismiss anyone at any time. Dismissal from open gym will result in at least two week suspension.
5. Food and drink are not permitted in the gym (except water).
6. This program is located in a residential area. Please depart in a quiet and orderly manner.
7. Doors will not open until 8:20 P.M. You may not enter the building before that time. If you are in the building before that time you will be asked to leave the premises for the night.
8. Games are 10 minutes in duration. If a game is tied, next basket wins.
9. No slamming or hanging on the net.
10. You may only play in two consecutive games, depending on the amount of participants in the gym.
11. You must sign-in in numerical order. No skipping line or changing order.

ADULT CO-ED VOLLEYBALL LEAGUE

The Oakwood Adult Co-Ed Volleyball League combines recreation and competition in an enjoyable, community setting with the emphasis on good sportsmanship and friendly play. Games are played at Edwin D. Smith Elementary School, 1701 Shafor Blvd. Due to space limitations, the league will be **limited to 8 teams**. Spaces will be assigned on a first come, first serve basis after registration opens. **THERE IS NO GUARANTEE OF PLACEMENT IN THE LEAGUE EVEN FOR RETURNING TEAMS. ALL FEES MUST BE PAID PRIOR TO OR ON THE DATE OF THE REGISTRATION DEADLINE. FEES TURNED IN AFTER DECEMBER 21st WILL BE SUBJECT TO A \$15 LATE FEE. TEAMS WILL BE UNABLE TO COMPETE UNTIL FULL AMOUNT OF FEE IS PAID. NO EXCEPTIONS WILL BE MADE.**

Registration Deadline: Wednesday, December 21st at 9:00 P.M.

Activity #:	Dates & Times:
334250-01	Fridays, practice begins January 6, 2017 at 7:00 P.M. and 8:00 P.M. Games begin January 13, 2017
Fees:	\$140 (R/team), \$200 (NR/team) Resident teams must consist of all Oakwood residents.
Location:	Edwin D. Smith Elementary School

**Captain's Meeting: Wednesday, January 4th at 6:00 P.M.
in the OCC Large Classroom**

AARP SMART DRIVER

AARP is adapting to the changing driving landscape by introducing the new **AARP Smart Driver Course**. This reinforces their commitment to providing a program that remains relevant and helpful in keeping drivers safe, confident and mobile. **SMART DRIVER** is the product of nearly two years of research studies with experts in transportation, education and driver safety. Class includes proven strategies that can reduce the likelihood of having a crash.

- Understand the links among the driver, vehicle and road environments.
- Cover new content including “brain health”, difficult situations and technology.
- Learn how aging, medication, alcohol and other issues affect driving ability.
- Enjoy new visual instruction and participant guide with 88 illustrations, 5 knowledge checks, pre-course and post-course self-graded quizzes.
- Discover the Online Driving Resource Center.

Many insurance companies offer multi-year vehicle premium discounts to those who complete this class. Check with your agent. No discount? What you learn might save you money by preventing a traffic ticket or a costly collision. Designed especially for drivers over 50, any licensed driver may enroll in this 4 hour class and benefit from it.

Pre-registration is required. Call the OCC to register. To find other classes at various locations or answers to questions, call Rae Crooker at 299-1376.

Activity #:	345300-03
Date:	Wednesday, March 8, 2017
Time:	1:00 P.M. - 5:00 P.M.
Fees:	\$15 - for AARP members & \$20 for non-members Make checks payable to AARP
Location:	OCC Large Classroom

Registration Deadline: Sunday, March 5th at 5:00 P.M.



Health Center

Regular exercise has been proven to reduce the chances of heart attack, stroke, osteoporosis, and other age related diseases. Memberships to the OCC Health Center are available to anyone 16 years of age or older. A free orientation session is available for new members unfamiliar with the equipment. Members are also able to register for some of our fitness classes at the lowest possible fee. Try out the facility one time at no cost! Please watch for daytime class schedules, which may limit Health Center drop-in usage. Signs indicating class times will be posted throughout the OCC for your convenience.

Health Center Features

Magnum

- Weight Assisted Chin Up/
Pull Up/Dips

Precor S-line Dual Machines

- Leg Press/Calf Extension
- Leg Curl/Leg Extension
- Lat Pull Down/Low Row
- Multi Press-Shoulder/Bench/
Incline Bench

Concept II Rower

- 2 Precor Treadmill 956
- Precor Stair Climber
- 2 Precor EFX Elliptical Crosstrainer
- Precor Standard Bicycle
- Precor Recumbent Bicycle
- Day Use Lockers & Showers

Assorted Free Weights

- 2 AbEx Abdominal Trainers
- Precore Torso Machine
- Nautilus Nitro Abdominal Machine
- Nautilus Nitro Lower Back Machine
- Co-ed Sauna

Time:	Monday - Thursday	6:30 A.M. - 9:00 P.M.
	Friday	6:30 A.M. - 7:00 P.M.
	Saturday	8:00 A.M. - 2:00 P.M.
	Sunday	Noon - 5:00 P.M.



Hours may vary due to Circuit class schedules.

Check with the Business Office for updated schedules.

See page 3 for Holiday Hours.

See Membership form in the back of the brochure for membership rates.

Drop-In "Token" Health Center Policy

One visit, drop-in tokens may be purchased by anyone wishing to use the Health Center facilities without paying a full membership. The tokens are non-refundable, but have no expiration date. Participants must sign a standard "Release and Indemnity Agreement" and must present a token with each visit to the Health Center. Tokens must be purchased during business hours only and may be used during any Health Center open hours.

Activity

355055	Five token purchase: \$15 (M), \$25(NM/NR)
355051	One token purchase: \$5 (M), \$8 (NM/NR)

One-On-One Personal Training

Work with a personal trainer for advice, guidance or assistance in your fitness program. You may schedule a one-time appointment or as many as 3 times per week, depending on your personal needs. The fee is for up to 2 people per appointment. Please check with your physician before registering.

Activity#	Day & Time
355200	To be scheduled with instructor.

Fees: \$50/session (HCM ONLY)

Health Center Orientation

Are you interested in joining the Health Center but unsure of how to get started on the equipment? Let the Health Center staff show you how to use the equipment for your best workout benefit. Scheduled by appointment, the session is a free service offered as part of your new membership to the Health Center. Ask at the Business Office for further details.

Day & Time: To be scheduled with the instructor.

Fees: Free to new Health Center members!

MEET OUR INSTRUCTORS:

Karen Hochwalt is certified by the American Council on Exercise.

Carol Messer is a certified Personal Trainer and certified by the American Council on Exercise.

Lois Milligan, R.N., is certified by the American Council on Exercise.

Dot Schnering is a highly conscientious, service-oriented fitness professional, committed to helping individuals meet their health, wellness and fitness objectives.

Judy Wilson is a certified Tai Chi instructor having graduated from the Institute of Integral Qigong and Tai Chi and continues to study with the Insitituye Director.

Tamara DeVine-Rinehart is an experienced yoga and Pilates teacher who has her Masters in Kinesiology.

FUSION STRENGTH

De-Stress and Get Strong! Combine resistance training, pilates and yoga to create the ultimate sculpting class. Fusion strength focuses on deep muscle contractions, core development and elongating stretches using hand weights, balls and bands. Challenging and relaxing, you will leave this class feeling like you just had a massage.

Instructor: *Carol Messer*, certified Personal Trainer and certified by the American Council on Exercise.

EASY EXERCISE

Yes, exercise can be easy and fun. This class is for beginners, seniors or anyone just returning to an exercise program. Each hour includes warm-up, low impact and low intensity aerobics, strength and toning exercise and cool-down. Stop in for fitness and fun.

Instructor: *Lois Milligan, R.N.*, certified by the American Council on Exercise.

DANCERCIZE

You'll be in great shape! Begin with a 30 - 40 minute aerobic workout using choreographed routines. Follow with a body sculpting cool down using light hand weights and conclude with floor work to increase strength and flexibility. New students need to bring their own weights.

Instructor: *Karen Hochwalt*, certified by the American Council on Exercise.

CIRCUIT TRAINING

Circuit Training is the only class conducted in the Health Center using the aerobic and weight machines along with free weights. Provides cross training at its best to help you build your muscle and burn fat. A personal trainer will help you adapt the variety of circuit patterns to your fitness level. For more information and a free trial class, please contact the OCC at 298-0775.

Instructor: *Carol Messer*, certified Personal Trainer and certified by the American Council on Exercise.

CLASS PASS

Circuit Training and Fusion Strength classes are offering more fitness opportunities. You have no excuse for not getting into shape this year. You can purchase a drop-in class pass which can be used for one, three or five classes. Class passes are available for use by only one person, the person listed on the pass. They are non-refundable and non-transferable and must be used within the current session. The expiration date will be marked on your pass. **You must take your pass with you to class and present it to the instructor.**

Class Pass

Activity #: 355060	One (1) class	Fees: \$ 7 (M), \$11 (NM), \$14 (NR)
Activity #: 355061	Three (3) classes	Fees: \$21 (M), \$33 (NM), \$42 (NR)
Activity #: 355062	Five (5) classes	Fees: \$35 (M), \$55 (NM), \$70 (NR)

Fitness Schedule... Morning Classes

TITLE	DAY	TIMES	ACTIVITY #	DATES	FEES
Dancercise No Class Dec. 26, 28 & 30 Jan. 2, 16 Feb. 20 May 29	M/W/F	8:45 - 10:00 A.M.	355350	Drop-In	10 Tokens = \$70 (M/HCM); \$105 (NM); \$140 (NR) Individual Tokens \$7 (M/HCM); \$11 (NM); \$14 (NR)
Circuit					
	T/TH	9:00 - 10:00 A.M.	355550-01	Jan. 3 - Jan. 31	\$45 (M/HCM); \$68 (NM); \$90 (NR)
	T/TH	9:00 - 10:00 A.M.	355550-02	Feb. 2 - Feb. 28	\$40 (M/HCM); \$60 (NM); \$80 (NR)
	T/TH	9:00 - 10:00 A.M.	355550-03	Mar. 2 - Mar. 16	\$25 (M/HCM); \$38 (NM); \$50 (NR)
	T/TH	9:00 - 10:00 A.M.	355550-04	Apr. 4 - Apr. 27	\$40 (M/HCM); \$60 (NM); \$80 (NR)
Easy Exercise No Class Feb. 21 & 23	T/TH	8:00 - 9:15 A.M.	355450-01	Jan. 3 - Mar. 2	\$40
No Class Apr. 4 & 6	T/TH	8:00 - 9:15 A.M.	355450-03	Mar. 7 - May 4	\$40
Fusion Strength					
	T/TH	10:00 - 10:45 A.M.	355251-01	Jan. 3 - Jan. 31	\$45 (M/HCM); \$68 (NM); \$90 (NR)
	T/TH	10:00 - 10:45 A.M.	355251-02	Feb. 2 - Feb. 28	\$40 (M/HCM); \$60 (NM); \$80 (NR)
	T/TH	10:00 - 10:45 A.M.	355251-03	Mar. 2 - Mar. 16	\$25 (M/HCM); \$38 (NM); \$50 (NR)
	T/TH	10:00 - 10:45 A.M.	355251-04	Apr. 4 - Apr. 27	\$40 (M/HCM); \$60 (NM); \$80 (NR)

get fit
for life!

Classic Mat Pilates

Mat Pilates exercises done in the classical tradition to build strength, flexibility and posture. This 45 minutes class begins with the “powerhouse,” or core and then builds strength and flexibility throughout the body. Classic Pilates uses range of motion exercise to gradually bring the body into optimum strength, flexibility, and balance so the person can have an excess of energy for their daily activities.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>
355360-01	Tuesday	Jan. 10 - Feb. 7	6:35 - 7:20 P.M.
355360-02	Tuesday	Feb. 28 - Mar. 28	6:35 - 7:20 P.M.
355360-04	Tuesday	Apr. 11 - May 9	6:35 - 7:20 P.M.

NEW!

Fees: \$50 (M), \$75 (NM), \$100 (NR)
Location: OCC Teen Center

Tamara DeVine-Rinehart is an experienced yoga and Pilates teacher who enjoys teaching students of all ages, abilities and experiences. She has her Masters in Kinesiology and is a certified elementary and secondary teacher in both Ohio and Michigan. Her approach to movement is lighthearted and dynamic...she tries to support her students so they can have a creative and joyful experience as they build strength, flexibility and balance.

YOGA

This class begins with Yoga Vinyasa flow and ends in seated meditation. This class will work on physical strength, flexibility, balance and mental strength.

<u>Activity #</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>
355170-01	Tuesday	Jan. 10 - Feb. 7	5:45 - 6:30 P.M.
355170-02	Tuesday	Feb. 28 - Mar. 28	5:45 - 6:30 P.M.
355170-04	Tuesday	Apr. 11 - May 9	5:45 - 6:30 P.M.

Fees: \$50 (M), \$75 (NM), \$100 (NR)
Location: OCC Teen Center



Tamara DeVine-Rinehart is an experienced yoga and Pilates teacher who enjoys teaching students of all ages, abilities and experiences. She has her Masters in Kinesiology and is a certified elementary and secondary teacher in both Ohio and Michigan. Her approach to movement is lighthearted and dynamic...she tries to support her students so they can have a creative and joyful experience as they build strength, flexibility and balance.

Mindful Spin

Mindful Spin offers clients the diversity and range of complementary benefits of two of today's most popular exercise forms in a single class - Spinning and Yoga. Clients should bring towel, water and YOGA mat for floor work.

Activity #	Days	Dates	Time
355310-01	Tues./Thurs	Jan. 10 - Feb. 9	8:30 - 9:45 A.M.
355310-02	Tues./Thurs.	Feb. 14 - Mar. 23 (no class Feb. 21 & 23)	8:30 - 9:45 A.M.
355310-03	Tues./Thurs.	Mar. 28 - May. 4 (no class Apr. 4 & 6)	8:30 - 9:45 A.M.

Fees: \$50 (M), \$75 (NM), \$100 (NR)
Location: OCC Lower Level Teen Center

Spinning 101

Spinning 101 is designed for beginner and intermediate level clients. Spinning is a terrific cardio workout, great for building leg strength and is optimal for burning calories. Clients need to bring a towel, water bottle and a mat (basic yoga/workout) for floor work.

Activity #	Days	Dates	Time
355280-01	Tues./Thurs.	Jan. 10 - Feb. 9	6:40 - 7:25 A.M.
355280-02	Tues./Thurs.	Feb. 14 - Mar. 23 (no class Feb. 21 & 23)	6:40 - 7:25 A.M.
355280-03	Tues./Thurs.	Mar. 28 - May 4 (no class Apr. 4 & 6)	6:40 - 7:25 A.M.

Activity #	Days	Dates	Time
355281-01	Mon./Wed.	Jan. 9 - Feb. 13 (no class Jan. 16)	6:30 - 7:30 P.M.
355281-02	Mon./Wed.	Feb. 15 - Mar. 29 (no class Feb. 20, 22 & 27)	6:30 - 7:30 P.M.
355281-04	Mon./Wed.	Apr. 10 - May 15 (no class Apr. 17)	6:30 - 7:30 P.M.

Fees: \$50 (M), \$75 (NM), \$100 (NR)
Location: OCC Lower Level Teen Center

Dot Schnering is a highly conscientious, service-oriented fitness professional, committed to helping individuals meet their health, wellness and fitness objectives. Dot has experience working with a broad spectrum of clients, including youth, seniors and individuals with Parkinson's. She has completed certifications with NASM (Personal Trainer), Yoga Alliance (RYT), PhysicalMind Institute (Mat Pilates), YogaFit and Madd Dog Athletics (Spinning).

Beginners Tai Chi

Introduction to Tai Chi and Qigong (Chi Kung) principles and form through Tai Chi Easy™, a form created by Roger Jahnke, O.M.D. to make Tai Chi accessible and fun for everyone. Harvard School of Integrative Medicine tells us that the slow meditative movements, deep breathing, and relaxation that is characteristic of Tai Chi practice create a special biological state that activates our own capacity for body/mind wellness and healing. Great for stress relief, post-illness, or with managing a chronic health condition. Improves coordination, balance and attention. Facilitates cardiac rehab, lowers blood pressure and helps maintain strong bones. Becoming one of the most recommended exercises by physicians.

Activity #	Day	Dates	Time
355800-01	Tuesday	Jan. 17 - Feb. 14	7:00 - 8:00 P.M.
355800-02	Tuesday	Feb. 28 - Mar. 28	7:00 - 8:00 P.M.
355800-04	Tuesday	Apr. 25 - May 23	7:00 - 8:00 P.M.

Fees: \$22 (M), \$33 (NM), \$44 (NR)
Location: OCC Great Room

*Note: class starts over every 10 classes



Intermediate Tai Chi

Continuing to go deeper into the Tai Chi principles and form, adding movements to the basic Tai Chi Easy™ form to learn Integral Tai Chi and the Beijing 24 Form. Continuing to add Qigong movements for health and wellness. Moving deeper into the meditative aspects of Tai Chi and Qigong.

Activity #	Day	Dates	Time
355801-01	Thursday	Jan. 19 - Feb. 16	7:00 - 8:00 P.M.
355801-03	Thursday	Mar. 2 - Mar. 30	7:00 - 8:00 P.M.
355801-04	Thursday	Apr. 27 - May 25	7:00 - 8:00 P.M.

Fees: \$22 (M), \$33 (NM), \$44 (NR)
Location: OCC Great Room

About Judy Wilson:

Judy is a certified instructor having graduated from the Institute of Integral Qigong and Tai Chi where the philosophy is to make Tai Chi and Qigong accessible to all. She continues to study with the Institute Director, Roger Jahnke, O.M.D. Over the past 14 years, she has also trained with various teachers from Tama Martial Arts School in Dayton, Ohio. She is an active professional member of the National Qigong Association and participates regularly in continuing education. She is a licensed mental health counselor in Centerville, Ohio in practice for over 25 years with specialties in stress reduction and mindfulness training.

Shelter Rentals

Shafor and Orchardly Park Shelters are available by reservation for neighborhood parties, reunions, ball games or family picnics. Spots go quickly! Plan your next outing now!

Shelter Rental Fees:

9:00 A.M. - 3:00 P.M.	\$25 (R), \$35 (NR)
3:00 P.M. - Dark	\$25 (R), \$35 (NR)
9:00 A.M. - Dark	\$40 (R), \$50 (NR)

Note: We regret that we can not refund fees due to inclement weather.

FREE!! Picnic Kits

Add some excitement to your next family or neighborhood gathering by checking out a Picnic Kit from the OCC. Available April through October, the kits include a volleyball and net, bats, balls, bases and other equipment designed to make your party the sporting event of the season. The kits are reserved on a first come/first served basis. **Call 298-0775 today to reserve your kit!**

“Leisure Line”

The Easy Way to Check

Attention all OCC program participants! Are you involved in a program that may be cancelled due to inclement weather? To make checking on your program easier, the Department of Leisure Services provides the **Leisure Line**. Instead of calling the OCC, just call **297-2935** for updates on all your weather dependent programs. Youth soccer, youth and adult basketball, adult volleyball, tennis and swimming lessons, Junior High dances, and all other programs that may be cancelled due to bad weather will be listed. The message will be updated throughout the day with the latest details concerning weather cancellations. Be sure to check the **Leisure Line** as close to your program starting time as possible. Please note no other program information will be available at this number (i.e. registration information or class status) nor will messages be retrieved from this line. Please call the OCC directly for any other information not related to weather decisions.

Leisure Line 297-2935

OCC Rental

The OCC is available for private rentals. If you are interested, please call Karen Earley at 298-0775.

2017 SUMMER EMPLOYMENT

Applications are being accepted at the OCC for summer employment with the Department of Leisure Services. Positions available: pool manager, assistant manager, lifeguards, pool concession workers, camp leaders, park and boulevard maintenance and Smith Gardens.

Anyone registering after the first class meeting will be subject to a \$15 late fee!

Please register early!

Gift Certificates

Can't decide on a Gift???? Purchase a Gift Certificate from the OCC!!! They are available in any amount you choose!!!

Policies

Registration Information

To better accommodate our valued patrons and to aid in the processing of registrations, our registration policy is first come, first served with payment only. No phone registrations will be accepted at this time; you are considered registered when payment is made in full. You will be notified by phone if classes are full or cancelled.

Please complete the registration form below for mail-in or on-site registrations. Be sure to use the eight-digit numerical code to identify the class or program desired. It is imperative that all spaces are completed in order to process the registration. Be certain to sign and date the Program Release Statement. [Anyone registering after the first class meeting or registration deadline will be subject to a \\$15 late fee.](#)

(M) = OCC member rate, (NM) = non-member rate, (NR) = non-resident rate, (HCM) = Health Center member rate, (R) = resident, and (NR) = non-resident. If you have any questions, please call us at 937-298-0775.

Mail to: **Oakwood Community Center,**
105 Patterson Road, Oakwood, OH 45419

Checks should be made payable to the
City of Oakwood.

Department of Leisure Services Transfer and Refund Policy

Transfers or refunds will be issued upon written request through the first day of the activity and prior to the second meeting, minus a \$5 administrative fee. A refund or transfer cannot be granted if by doing so results in below minimum registration causing cancellation of that activity. [Memberships to the Oakwood Community Center, Health Center and Gardner Pool are not refundable or transferable.](#)

Transfers* or refunds** will be issued upon completing a "Request for Refund/Transfer" form prior to the second meeting of any activity. Sorry, no transfers or refunds will be made after that time. A full refund will be issued if the activity is cancelled by the OCC due to low enrollment.

**Transfers may be made to any activity published in the current quarterly brochure; a \$5 administrative fee is charged at the time the transfer is made.*

***Refunds will follow the Finance Department's payment schedule which may take up to 21 days. There will be no cash refunds and a \$5 administrative fee will be charged.*

All prices in this brochure are believed to be correct. However, if a typographical error occurs, the price listed at the OCC Business Office prevails.



OCC Activity Registration Form - Please Print and Fill Out Completely						Household ID#	
Adult Parent Or Guardian	Last Name			First Name		MI	
	Address						
	City		State		Zip	E Mail	
	Phone Numbers			Work		Cell	
Home							
Activity Number	Start Mo./Day	Participant's Name		Birth Date M / D / Y	Sex	Activity Name & Starting Time	Fees
		Last	First				
	/			/ /			
	/			/ /			
	/			/ /			
	/			/ /			
	/			/ /			
	/			/ /			
Form of Payment: <input type="checkbox"/> Cash (Do not mail cash) <input type="checkbox"/> Check <input type="checkbox"/> Visa/Mastercard/Discover (only accepted in person at the OCC)							
Are you an Oakwood resident? <input type="checkbox"/> Yes <input type="checkbox"/> No Are you an OCC member? <input type="checkbox"/> Yes <input type="checkbox"/> No Total Amt Enclosed \$							

Waiver for Participant and/by Parent

In consideration of your accepting my or my child's entry, I hereby, for myself, my child, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I or my child may have against the City of Oakwood and its representatives, successors and assigns for any and all injuries suffered by myself or my child on any activity sponsored by these groups. I do hereby grant and give these groups the right to use my or my child's photograph or image with or without my child's name both single and in conjunction with other persons or objects for any and all purposes including, but not limited to private or public presentations, advertising, publicity and promotion relating thereto. I warrant that I have the right to authorize the foregoing uses and do hereby agree to hold the City of Oakwood Leisure Services Department harmless of and from any and all liability of whatever nature which may arise out of result from such uses. For the consideration stated above, I further agree that in the event that my child repudiates or attempts to repudiate such release, I will personally indemnify and save harmless the City of Oakwood Leisure Services Department, its successors and assigns, for any and all loss and damage occasioned thereby.

Signature _____ Date _____

My relationship to participant(s): Parent Guardian Participant

Please check how you would you like your receipt:

E-Mail or Regular Mail

BREAKFAST WITH SANTA

(for children under 10 years of age)

Santa has once again agreed to take a few moments out of his busy schedule to have breakfast with the children of Oakwood. Children will be able to meet and talk with Santa. A continental breakfast will be served to children and parents. Santa will be making his phone calls on Monday, December 12th.

Activity #	Day	Date	Time
205040-12 youth	Saturday	December 10th	9:00 - 11:30 A.M.
205030-12 adult	Saturday	December 10th	9:00 - 11:30 A.M.

Fees: \$14 (M), \$21 (NM), \$28 (NR)

Deadline: **Wednesday, December 7th at 9:00 P.M.**

Location: **OCC Great Room**

Registration: Space is limited so hurry in!

Everyone attending must have a ticket.

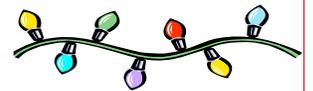
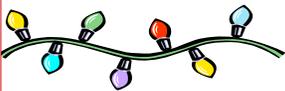
Note: Members may purchase tickets for non-member residents or non-residents but will be required to pay the higher rates. Tickets are non-refundable and are not transferable to other families.



“LIGHTING UP OAKWOOD”

HOLIDAY OF LIGHTS

Sunday, December 11th



The City of Oakwood and the Oakwood Environmental Committee are combining the “Lighting Up Oakwood” and the “Holiday of Lights” on Sunday, December 11th. Beginning at 6:00 P.M., lit luminarias will line the boulevards on Far Hills Avenue, Shafor Boulevard and Shroyer Road as well as the City Building, Community Center, Smith Gardens, Huffman, Shafor, Orchardly and Fairridge Parks and other areas around the city. At 6:30 P.M., in Shafor Park, the grand illumination of the city tree will take place. Bring the whole family for an evening of community fellowship with lights, songs, refreshments and a visit from Santa!!! We will be offering horse-drawn carriage and wagon rides through the streets of our neighborhoods so you can take in the beauty of the evening. The “Lighting Up Oakwood” has become a tradition in an effort to brighten the entire community at the onset of the winter season.

